

Clark Wetherington

I. Natural

- 1) Rhythical
- 2) Athletic games
- 3) Hunting games
- 4) Self-testing activities
- 5) Dramatic
- 6) Combat activities (fencing)
- 7) Winter sports
- 8) Water activities

II. Invented

- 1) Marching
- 2) Gymnastics
- 3) Postural

III. Related

- 1) Outing
- 2) Industrial

History of Physical Education

Social, political, religious influences.

Primitive times

Activities for living were physical

Education was imitation.

Amusements were songs of war + hunt

- dancing was religious, & to celebrate the hunt, victory, crops, rain etc.
- set dances were handed down.

Women worked in home with food & clothing
strong mothers, industrious, decent,
patient.

Westbrook, 100. Westbrook 100

Wed Dec 11. 12.00 a.m.

P.E. 360. History of Phy. Ed.

Bennett

A World History of P.E. Van Dahlem, Mitchell +

PHYSICAL EDUCATION. (5.50 - 879-4047)

CAHPER. Journal. CAHPER

P.T. physical culture, sports, games, dance, gymnastics, recreation (phys. & not), health.

FITNESS. or PHYSICAL FITNESS.

1943-1953 Physical Fitness Act - re-considered - now -<
Bill C. 131. Can. Govt. Fitness Act. 1961
Physical demands have lessened to-day.

Physical Education. How much of each?

Education - Training of young child.

Physical - Reason for learning.

Age is a factor. "too late"

Physical values same for "teenie" & "dude".

Skills improve physically & education takes place,
& musculature improves.

Coach is educator - of ethics

Education - immediate or defined.

Women - in sport - contact sports.

- is 'team-work' a myth?

- hockey, volleyball, basketball, softball.

- 'team' & individual ('stressed as team approach')

- gymnastics, tennis,

Team approach is education approach.

Competition - must be educative for benefit.

Physical Education - 1) Growth in body (muscular) skill,
phy. mentally, emotionally, socially, spiritually

P.E. 260. Rosalind Cassidy.

The more man moves about, the more he is
~~the less~~ will acquire in knowledge.

Planned + purposeful movements - growth
through activity.

(Ceremonial dances, felling trees, hunting + fishing,

Jesse Fairning Williams .. Principles of P.E.

P.E. - support + participate in adult education.

Youth. (12 - 20)

C. W. Burthington: School Programs + P.E.

P.E. the phase of education -

- big muscle activities
- health + growth activities.
- Total educ. process - social + mental.

J. B. Nash.

P.E. - vigorous total body activities - big.

Bronwell Williams Bennie

P.E. sum of man's total P.E. activities.

Total body processes. - Sport.

Sport - educational + social.

THEME.

DEVELOPMENT OF
BODY + MIND.

- 1) PLATO - EDUCATION.
- 2) BIBLE - EPISTLE TO CORINTHIANS
- 3) TOLSTOY - WAR + PEACE
- 4) MILTON - AEROPATIGA
- 5) SANTAYANA - ON EDUCATION.

D. Jobb (JOKL)

P.E. - Humanistic

- Intrinsic & moral & social + nationally.

P.E.

long range plan - goal - aim through steps.

- Before school - school - after school

- Program planning. D.C. curriculum.

- Qualities must be developed - loyalty, co.-op. etc.

- History can help us.

Can - teach us.

- 1) Growth
- 2) Skill
- 3) Emotions
- 4) Human relations.

PHYSICAL

MENTAL

EMOTIONAL

SOCIAL

SPIRITUAL

Report on country of own choosing - other Con. or USA.
~~History of country.~~ - Geography, political, economic + text.

PAST

PRESENT

Past - Political
- Economic
- Education
- Cultural
- Recr. + P.E.

Refs. from other sources.

CAPTION. I. Rec

Folder. Nov. 25. Mon.

15-20 pages typewritten

Quote - Sources & bibliography.

* Questions.

Your idea of P.E.

Short history of P.E.

WED.

Nov. 13th

- significant statements -
 = quotations from different authors & 'spheres' in P.E.
 = diff. authors, religions. Plato, Socrates,
 Bush, Russell. Yoga
 Your idea on P.E. & Rec. 'statement.'

Canada

- Most P.E. under Dept of Educ. (Provincial) ^{30 yr old}
(B.N.A. act for education)
- Differences in philosophy, financial, standards.

<u>FED.</u>	<u>PROV.</u>	<u>MUNICIPAL (CIVIC)</u>
1) Department of Health + Welfare	1) Dept. of Education - Minister of Ed. (Petersen) (Public School Act) (Universities Act)	- 300 REC. COMMISSIONS 1) School Board (SL) City, municipalities school district
<u>MINISTER.</u>	J. WILLARD MONTGOMERY	- Sup. of Sc. Bd.
JUDY LAMARCH	District Superintendent	
<u>DEPUTY (2)</u>	2) Dept. of Rec. & Conservation. - Hunting & fishing. - Camp-sites (marinas) - Minn (Westwood) - Dep. Dr. D. Turner.	2) Rec. Commission (Bd. of P. + P.R.)
MR. R. DION WAS.	3) Community Proj. Branch - Dir. Mr J. Pantony. Victoria (Dauphin Field) (Adm. board for (3yr) (Adult Ed. + Rec.) (Chair. Mr. W. Baker)	Al. Carter
<u>VOLUNTARY</u>	4) B.C. R. A. - Don Cummings 5) C & H PER. 6) B.C PETA. - Teachers O. Rec. A. (Ontario)	
	Salaries vary.	

1930 - No P.E. in B.C.

Early 30's -

P. HAMILTON.

B. C. 131.

Sept 25, 1961.

"Fitness and Amateur Sport Act"

Object. To encourage, promote & develop fitness & amateur sport in Canada.

- 1) Assistance for promotion & development of Canadian participation in national & intern. sport.
- 2) Provide for training of coaches & other personnel.
- 3) Bursaries & fellowships to assist training of personnel.
- 4) Undertake or assist in research or surveys -
- 5) Arrange for national & regional conferences.
- 6) Provide for recognition of achievement by athletes, citizens, awards of merit.
- 7) Prepare & distribute information
- 8) Assist any interested group. (grants)
- 9) Co-ordinate federal activities in co-ord. with other Govt. depts & agencies.
- 10) Undertake projects or programs & services & facilities (general help) to promote Act.

GRANTS. Can be made to agency, organization 515 institution in the field. (Nationally organized)

Provincial Agreements

- Period not to exceed 6 yrs.

Governor in Council - appoints

Nat. Advisory Council on F. + A.S.

- up to 30 members (non-paid + hon. app.)
- office held 3 yrs
- chairman appointed (+ paid)
- ⑦ - at least one (1) from each province
- quorum
- absence or incapacity (members appointed)
- Council makes own rules & committees

Governor in Council - up to bush + path

B.C. R.A.

1953. Pro - Rec.
Social Audit brought in
1955 Community Programs Branch
- Consultants for
1) Recreation Commission
2) Parks + Recreation Comm.
3) Civic Properties + Rec. Comm.
- Ice arenas - Prince George -
(Budget) \$8 - \$12,000

1957 - 425 Commissions under R.O.
- ~~Prov.~~ Conference A.R.A. - Standing Committee
May 1958. Constitution for B.C.R.A.
Majority of commissions are members
1) Prov. Conference May 7-9.
2) Resolutions to Prov. Govt.
3) limited scholarships to UBC.
4) Newsletter - short.
5) Job openings Fort St. John, Dawson Creek.
- Parks - upkeep of grounds.
- Establishment of correspondence at UBC.

P N W. P H E. Central. W Port. E. Port.
Okanagan Similkameen. Sackell. Vanc.
6) Grants for seasonal programs.
7) Parks and Rec. Commissions (joint)
8) Commissions - appointed except in Vanc.
9) Prov. Summer School - 1 week.
10) Inter - Municipal Rec. Commissions.
11) Advisory Board - Rec + Adult Education.

School + Rec. Dept. co-operate in programs + facilities. 517

Community Programs Branch. (Branch - Dept of Edu.)

(Sports and Fitness Branch)

Mr. Meltman. Asst. (Fitness) Vanc.

Mr Pantor. Director

Mr Cartier. Asst. Adult Ed. Vanc.

Mr. Pynn. Reg. Consultant.

Miss Abramson Drama Advisor.

7 Rec Consultants 1) Abbottsford T. Ruben.

2) Central B.C. W. Hayes (Kamloops)

3) Northern B.C. Bill Davis (Quesnel)

4) W. North B.C. Derek McCooly (Smithers)

5) Okanagan-Simil. John McRivin (Kelowna)

6) S. & W. Kortevay May Gordon (Nelson)

7) Victoria & Vanc. Gordon Pynn (Victoria)

P.E. Emergent profession.

(Sports and Fitness Branch)

Policy - Every community in B.C. served.

- 1) Service to community where it has set up a Recreation Commission
- 2) Work with all Senior Sporting Organizations.
- 3) Establish communications system.
- know + keep in touch

- 354 Rec. Commissions.

- B.C. Track + Field Assoc.

- 4) Clinics. Find teachers + pay them.
- Sep-Mar. Sports + leaders training.
- 5) Sports + Fitness Conference.
- 6) Films library.
- 7) Books - Research office. UBC.

(Hypo - (Hypo-kinetic disease - ill through lack of exercise) (mental + physical))

8) Equipment - gym, wrestling,

9) Office assistance. - 1200 p. A mail.

- 10) Research project. B.C.
Comparative schools. Shuswap Lake v.
- 11) Private v. public
- 2) Pilot study of elementary school
 - 1) Normal P.E. program
 - 2) 1 hr week.
 - 3) Inscribed program 1 hr. day.

Progression in P.E. + I.Q.
- 3) Research books
- 11) Bursaries - up to \$500 a yr.
Scholarships
Post-graduate studies

History of C.P. Branch.

1934. Com't in P.E. + community recreation.
Pro-Pec. Rec. + P.E. Branch. (PHYSICAL ONLY)
Physical, moral, mental life in unemployed.
Gymnastic classes conducted in communities.
Vancouver - centred & controlled community life.

1953. C.P. Branch (copied Ontario) do what community wants
Victoria + 9 field rps. (?)
Rep - Publicity, consultant

Services. Director
2 assist.

K. Helmum (Sports & Fitness Co-ordinator)	Mr A. Cartier (Adult Education)
Works on Federal govt	Com't supports Night School P. 7000 in B.C. Vocational + Academic.

Name Specialist Admins (Clerk 3.)



The **Margaret Eaton School Digital Collection** is a not-for-profit resource created in 2014-2015 to assist scholars, researchers, educators, and students to discover the Margaret Eaton School archives housed in the Peter Turkstra Library at Redeemer University College. Copyright of the digital images is the property of Redeemer University College, Ancaster, Canada and the images may not be copied or emailed to multiple sites without the copyright holder's express written permission. However, users may print, download, or email digital images for individual non-commercial use. To learn more about this project or to search the digital collection, go to <http://libguides.redeemer.ca/mes>.